

Lakewood Aquatics Short Course Season Schedule Sept 2009 - Feb 2010

Date of Meet	Name of meet	Place of meet	Type of meet	Notes
Sept 19- 20	Santa- Fe B,R,W	Santa Fe Springs	Short Course	
Oct 10- 11	DWNY B.R.W	Downey	Short Course	
Oct 31	Halloween Meet	Cerritos College	Inter- squad (black and orange)	All
Nov 14- 15	Sr. Meet	Fullerton	Sr. Development	
Nov 21- 22	Sr. Training	Flagstaff, AZ	Must have 2 Sr. Dev	times & attends prac.
Nov 21- 22	Free Weekend	Cerritos	Short Course	Last Ditch for Dec Invite
Dec 5- 6	Metro- Blue Max	Bellflower	Only those who need	to qualify for Dec. Invite
Dec 11- 13	Winter Age Group Champs	Las Vegas	Winter Invite Qualifiers	Must meet time standards
Dec 18 - 22	Gold Sectional Meet	Belmont, Long Beach	Sectional Qualifiers	Must meet time standards
Jan 8- 10	Q Meet	Belmont, Long Beach	Sr. Meet	
Jan 17- 18	BRW Meet	TBA	SC Last Ditch JO's	Highly Recommended
Jan 29- Jan31	Younger JO's (12- Un)	Belmont, Long Beach	Spring JO Qualifiers	
Feb 4- 7	Older JO's (13 & Up)	Belmont, Long Beach	Spring JO Qualifiers	
Feb 13- 15	Sr. Meet	TBA	Long course	
Feb 20- 21	Metro- JO Max Section Champs	TBA	Championship Meet	Mandatory